APPALACHIAN TRAIL DISTRICT
NATIONAL CAPITAL AREA COUNCIL – BSA

CPR & WILDERNESS FIRST AID

American Red Cross - Wilderness and Remote First Aid is a sixteen-hour course designed to teach you how to handle situations when help is not readily available. This course fulfills the first aid requirement for BSA high adventure bases and activities as well as the Venturing Core Requirement for First Aid.

Class size is limited and registration is on a first request basis. All registrations MUST be received at least two week prior to the start of class; however classes fill up quickly and you should register as early as possible.

To register, email the full name, address, email, troop/crew number for each participant to acaho@verizon.net. If you're not in the Appalachian Trail District, please indicate your district and council affiliation with your registration.

NEXT COURSE:

CPR (American Red Cross Certification – good for 2 years)
Adult, Child, and Infant CPR with Rescue Breathing and AED
Saturday, November 17, 2012 - Cost $50.00

Wilderness First Aid (American Red Cross Certification – good for 2 years)
Saturdays, December 1 and 8, 2012 (Requires two Saturdays) Cost $75.00

Prerequisites for Wilderness First Aid:

- ☐ You have a valid CPR w/ AED Certification – CPR certification includes Chest Compressions and Rescue Breathing. Hands Only CPR does not meet the requirement
- ☐ Minimum 14 years of age, be physically fit enough to take this course, and have a current BSA Health Form (Part A) on file with your home unit

Courses will be held at:

Faith Baptist Church
2212 Jefferson Pike, Knoxville, MD 21758
(MD. Route 180 between Jefferson and Brunswick – Frederick County, MD.)

Courses begin at 8:30 AM – Please be on time.
Bring your lunch, drinks, snacks as desired. Refrigerator available.
Class B BSA uniform or street casual. Class A uniform not advised
Payment either by check made out to Crew 476 First Aid Fund or exact cash due at start of class

Registration - By email only: acaho@verizon.net
* Put CPR or WFA in the subject line

FOR MORE INFORMATION: CONTACT THE APPALACHIAN TRAIL DISTRICT
HEALTH AND SAFETY CHAIRMAN: ALAN CAHO AT ACAHO@VERIZON.NET