

- **Lunches:** Scouts should bring lunches in clear plastic bags with name and “Den #” marked clearly on the outside. Lunches will be placed in coolers. Anything larger than a plastic bag will not be placed in the cooler due to space considerations. Please no MILK or Chocolate Milk.
- **Friday Family Time-** Friday afternoon from 1:30PM – 2:30PM is Family Time at Camp. Parents can choose to sign out their campers at 1:30PM or bring a Picnic, enjoy Rita’s Ice and watch Camp Skits/Songs be performed.
- **Camp Trading Post-** Camp has a Trading Post with candy, snacks, trinkets and drinks. Boys will be allowed to buy items at the Post and should bring cash for any items they intend to buy.
- **Medications:** Camp is not allowed to keep meds overnight. Meds cannot be kept in campers pockets. If meds must be taken at camp: Send 1 medication dosage in bottle/plastic bag w/ original pharmacy label. Meds should be turned into First Aid in the morning. Over counter drugs must be in original packaging and sent in w/ name and pack information one dose at a time. Personal Inhalers and EPI Pens will remain with campers at all times.
- **Camper Safety:** Camp staff will be in STAFF shirts. Den Walkers, parents and camp visitors must all check in and out at the Admin area daily. You will be given a color coded wrist band so we can monitor adults on campus. Anyone found on camp that has not signed in will be identified and asked to leave.
- **No smoking, alcohol or drugs permitted anywhere on camp!**
- **Camp weather/cancellations:** Camp will be held in light rain- campers/den walkers should dress accordingly. In the event of severe weather—listen to 99.1FM/103.1FM for cancellations.
- **T-Shirts & Water Bottles:** Each Camper will receive a camp shirt and water bottle as a part of their registration fee. Campers MUST wear their shirt to camp daily to help with security and accountability. Campers receive a water bottle for use during the week. Water bottles will be kept at camp and cleaned daily. Campers will write their names in permanent marker. Campers that loose their water bottles, break or chew them will not get a replacement.
- **Camp Dress/ Swimming:** The boys will be swimming Tu/Wed/Thurs. Camp is recommending the boys wear their swimming suits to camp. Camp dress: Scout hat, Camp t-shirt, bathing suit, closed toed shoes w/ socks, towel (pool) and sunscreen/bug spray pre-applied in the morning. If boys bring sunscreen/bug spray with them for the camp/pool, they must apply it themselves. Camp staff and Den Walkers are not allowed to apply sunscreen/bug spray on campers. BSA Swim test for those wanting to swim in the deep end of the pool.
- **Den assignments-**will be available the first day of Camp from your Pack coordinator for all scouts that have turned all forms to the camp staff in advance (registration, medical, and release authorizations for all scouts, adults, and siblings in the Tot Lot). Otherwise, you will need to check-in at Camp HQ on Monday morning. From there you will be directed to your son’s den area where you must sign him in with the den leader for that day. We will be confirming that everyone in your group has a health form on file and that all your fees have been paid in full.
- **Discipline at Camp-**Den Leaders, Den Walkers and Sr. Scouts will monitor discipline. Scouts will be given “3-X’s and You’re Out”
 1. Verbal warning from Den walker
 2. Time out in Administration area
 3. If child is out of control, parents will be called to pick up the child. Parents should be aware if they are called by Camp they must come immediately to pick up their child.
- **Items NOT ALLOWED AT CAMP:** Glass containers, weapons (fire arms/ pocket knives), aerosol cans (sunscreen), electronics (mp3, iPod, Gameboy, Nintendo) NO CELLPHONE FOR CAMPER (adults may bring cellphones), games, books, cards, toys and pets. These items will be confiscated by camp.
- **Webelos Fire Training-** Camp teaches fire building skills as a part of the Webelos Scout Skill Training that goes towards the Outdoorsman Pin required for Arrow of Light. Parents should discuss safety concerning these new skills and how they expect their scout to manage these skills upon leaving camp.
- **Bear Whittlin’ Chit-** Scouts entering their Bear year of Cub Scouting will be introduced to safety and care concerning pocket knives and eligible to earn their Whittlin’ Chit. Parents should discuss home rules and safety for the management of these new skills upon leaving camp. They should also emphasize that UNDER NO CIRCUMSTANCE SHOULD A POCKET KNIFE EVER BE TAKEN TO SCHOOL!!!
- **Gnats/Bugs-** Bugs/gnats can be incredibly annoying at camp! I understand products that contain DEET help repel gnats. I’ve also heard a BOUNCE Dryer sheet tucked into the hat and Skin So Soft (original) help repel.

Den Walker Information

- Den Walkers must sign in and sign out at Administration and will be briefed daily. We realize there are different Den Walkers each day.
- Den Walkers will be responsible for walking with their dens from station to station each day from start of camp to end of camp. They will have a Den Leader/Sr. Boy Scouts in charge of the Den. Den Walkers will help the Den Leader with accountability, safety and discipline.
- Stations are run by adult volunteers and Sr. Scout Staff. Please give them your patience and respect. If needed, help the Scouts with the station activities or tasks.
- Campers will be split by Dens: Webelos 1 & 2 together, Bears separate, Wolf & Tigers grouped together to rotate through stations. Boys will earn beads for every station.
- No smoking, drugs or alcohol allowed on camp grounds at any time
- Playground at camp is OFF-LIMITS to campers!

Dens Must Supply:

- Large Cooler to store lunches (can be left at camp w/ name and Pack #)
- ICE DAILY to keep lunches cool.
- Marker will be supplied to write names/Den # on lunches not already labeled
- Wagon if desired (Scouts have water bottles and other items they transport from station to station—experienced Den Walkers say a small wagon makes it easiest.)

Daily Schedule (Mon-Thurs)

8:30 am -	Scouts begin arriving at camp-Parents must sign them into their units
9:00 am -	Opening Ceremonies/ Den Walker Training
9:20 am -	Scouts rotate through stations (Swim Tu-Wed-Thur)
11:45 am -	Lunch
12:25 pm -	Scouts rotate through stations (Swim Tu-Wed-Thur)
3:20 pm -	Station Clean Up/ Scouts report for closing ceremonies
3:30 pm -	Closing Ceremony/ Parents must sign Scouts out from their units for the day

Friday Schedule

8:30 am -	Scouts begin arriving at camp-Parents must sign them into their units
9:00 am -	Opening Ceremonies/ Den Walker Training
9:20 am -	Scouts rotate through stations
12:10 am -	Station Clean Up/Teardown
12:30 pm -	Family Time (Families bring Lunch—Scouts perform Skits/Songs & Rita's Ice)
2 pm -	Closing Ceremony/ Parents must sign Scouts out from their units for the day

Appalachian Trail District Cub Scout Day Camp

July 22-26,2013
9AM-4PM



Frederick County 4-H Center
3702 Basford Rd
Frederick, MD 21703
(301) 695-1509

Camp Executive: John Boyd
240-422-0706
Camp Director: Bill Turner
301-305-7402
Camp Program Director:
David White
DBWhite@fcps.edu