2013 Frederick County BSA First Aid Meet Instructions

1. Only registered Boy Scouts, in Class A uniform will be accepted as competitors.
2. A Troop may enter as many Patrol Teams as possible, subject to the following rules: Patrols will consist of **- 5 Minimum-8 Maximum members. Registered Patrols will NOT be assigned floor positions until at least 5 members are present at Registration.**
3. Competition will be between normally existing Troop patrols. Provisional Patrols (Scouts from more than one Patrol) will only be permitted with prior FAM Committee Approval. The intent is to prevent formation of a "Ringer Patrol" - If that is determined, that patrol will be disqualified. All Eagle Scouts and Troop SPL's will not be allowed to compete. However, these scouts are welcome and encouraged to participate as FAM helpers.
4. No one will be permitted to coach any competitors once competition has begun.
5. First Aid reference material of any kind is not permitted in the competition area after the start.
6. The level of First Aid skills and knowledge tested is based upon: Tenderfoot, Second Class, First Class, and the First Aid Merit Badge. Competition problems will be based upon the First Aid material as presented in the 2009 BSA Handbook and First Aid Merit Badge Book (2007 Edition-2008 Requirements).
7. **No Cell Phone/Electronic Devices will be permitted in the competition area.**
8. Please take the extra effort to remove all of your equipment and any trash from the building upon your departure.
9. **SOFT SOLED SHOES ONLY Please.**
10. **NO FOOD or DRINK will be Permitted in the building PLEASE!**
11. Bottled water will be sold to benefit annual FAM expenses.

The Competition will be conducted as follows: 4 Basic, and 4 Advanced Problems

1. Each of the 8 problems is divided into 2 Sections and timed according to difficulty. Problems are printed out for the Patrol Leader and read prior to the announced STARTING time. Each Patrol will then determine and perform the first aid required for the problem. The assigned judge will score based upon the Patrols observed: **Treatment Skills, teamwork and demeanor**.
2. At the determined time, the Patrol will cease victim treatment activity and begin the scored **Question/ Answer segment of the Problem.** AFTER the score sheet has been submitted, Judges will provide the patrol with positive treatment feedback, but will not discuss scoring.
3. The judges will rotate to a new Patrol after each problem.

EACH PATROL IS REQUIRED TO BRING THE FOLLOWING EQUIPMENT (minimum quantities)

3 – Large Blankets (Splint, stretcher, floor mat)
NOTE – **No** poles allowed this year!
12 – Triangular bandages (at least 36" long)
2 – 12-18 inch Padded Splints, 3 inches wide
2 – 24-30 inch Padded Splint, 3 inches wide
2 – 36 inch Padded splint, 3 inches wide
1 – 48 inch Padded splint, 3-4 inches wide
6 – 3 x 3/ 4x4 inch compresses (sterility not necessary)
9 – 3"- 4" Kling/Gauze roller bandage
1 – CPR Barrier Device

Note: In order to reduce waste Rubber or Latex gloves will not be required for this meet. However, the Patrol may be asked about their use and should always have them in any First Aid Kit.

The Committee reserves the right to update these Instructions to better serve our Youth.