Adult Application
2013
GOSHEN ORDER OF THE ARROW TRAIL CREW
Goshen Scout Reservation – Goshen, Virginia

"I will always regard the ties of brotherhood in the Order of the Arrow as lasting, and will seek to preserve a cheerful spirit, even in the midst of irksome tasks and weighty responsibilities, and will endeavor, so far as in my power lies, to be unselfish in service and devotion to the welfare of others.

- Order of the Arrow Obligation

GOSHEN ON $150

Amangamek Wipit Lodge 470 is offering you an opportunity to join other National Capital Area Council Arrowmen in cheerful service and the formation of lasting ties on the Lenhok'sin Trail system of Goshen Scout Reservation. Under the guidance and direction of experienced Goshen trail maintenance personnel, Order of the Arrow participants will enjoy a two-week high adventure experience.

The multi-faceted program is a fourteen-day adventure in the Shenandoah Valley backcountry. The first week is concentrated on introducing the relationship between outdoor recreation and stewardship skills. The second week is a five day high adventure trek that is unique in two respects - in that it is only offered to Goshen Order of the Arrow Trail Crew members and that the trek is entirely designed, from various outdoor activity options, by the youth crew members. The Goshen Order of the Arrow Trail Crew program, by its nature, is intended to expand any youth's outdoor skills while immersing oneself in the exhilaration of being in the Shenandoah backcountry. The participation dates for the Goshen Order of the Arrow Trail Crew experience are June 23 through July 6, 2013. ***The cost of the fourteen (14) day Goshen Order of the Arrow Trail Crew Program is $150.***

In order to provide the necessary guidance and youth protection guideline support for the youth participants, adult Arrowman participation in the Goshen OA Trail Crew is critical for Trail Crew success. Each Crew of six (6) to eight (8) youth requires two (2) adult advisers. Realizing the difficulty for any adult wishing to participate with the Trail Crew to set aside two weeks during the summer, adults are offered the option of selecting the participation dates that match their availability to join the Trail Crew. **The partial participation cost for adult advisers is $15.00 per day.**

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In addition to learning backcountry and wildlife conservation techniques against the panoramic landscape of Goshen Pass in the Shenandoah area, Scouts will strengthen their leadership skills, learn advanced Leave-No-Trace (LNT) ethics, observe and participate in group backcountry risk management, gain a more in-depth history of our Order, and receive special Lodge recognition. The principle objectives of the Goshen OA Trail Crew are to provide a mechanism for the Lodge to strengthen its association with National Capital Area Council, to introduce Order members to careers in outdoor recreation, and to further the Order's purpose in supporting the BSA outdoor program.

REQUIREMENTS FOR ADULT ADVISERS

- Be at least 21 years old as of June 1, 2013;
- Be physically fit, able to lift and handle materials up to 50 lbs (Philmont height and weight guidelines will be strictly enforced.)
- Complete and submit parts A-C of the Annual Health and Medical Record form before program commencement;
- Be a registered member of both the National Capital Area Council and Amangamek Wipit Lodge as of June 1, 2013.

No exceptions may be made to these requirements. Selection for the Goshen Order of the Arrow Trail Crew is competitive and is both an honor and a privilege.

HOW TO APPLY

Complete the attached application, have it approved by your Chapter Adviser.
Mail your completed application on or before March 31, 2013 to:

Boy Scouts of America
Attn: Goshen Order of the Arrow Trail Crew
9190 Rockville Pike
Bethesda, MD 20814-3897

The Lodge will notify you of acceptance by April 15, 2013. Upon notification, a packet of materials and a fee schedule will be sent to you to assist in preparing you for your once-in-a-lifetime experience at Goshen.

AMANGAMEK WIPIT LODGE AND NCAC RESPONSIBILITIES

Amangamek Wipit Lodge and NCAC will approve only those Arrowmen who meet all of the qualifications and agree to undertake all the requirements of this program.

NATIONAL BSA WEIGHT AND HEIGHT LIMITS

Each Arrowman on a Goshen high adventure trek **shall not exceed** the maximum acceptable weight-to-height table shown below. Those who fall within the recommended weight limits are much more likely to have an enjoyable trek and avoid incurring injuries and health risks. Extra weight places strain on the back, joints, and feet. The trails can be very steep and slick due to moisture and present both a tripping and falling hazard.

We also strongly recommend that no participant be less than 100 pounds in weight. Extremely small participants will have a very difficult time with the Goshen backcountry rigors.

Height	Recommended Weight	Maximum Weight
5’ 0”	100-138 lbs.	166 lbs.
5’ 1”	101-143	172
5’ 2”	104-148	178
5’ 3”	107-152	183
5’ 4”	111-157	189
5’ 5”	114-162	195
5’ 6”	118-167	201
5’ 7”	121-172	207
5’ 8”	125-178	214
5’ 9”	129-185	220
5’10”	132-188	226
5’11”	136-194	233
6’ 0”	140-199	239
6’ 1”	144-205	246
6’ 2”	148-210	252
6’ 3”	152-216	260
6’ 4”	156-222	267
6’ 5”	160-228	274
6’ 6”	164-234	281
6’ 7” +	170-240	295

This table is based on the revised Dietary Guidelines for Americans from the U.S. Department of Agriculture and the Department of Health and Human Services.

ORDER OF THE ARROW BOY SCOUTS OF AMERICA

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(Please type or print legibly – Submit by March 31, 2013)

NAME _____

STREET ADDRESS _____ PHONE _____

CITY/TOWN _____ ST _____ ZIP _____

EMAIL_____

DATE OF BIRTH ___/___/___ AGE _____ HEIGHT _____ WEIGHT _____
Mo Day Yr

SCOUTING EXPERIENCE: _____

CURRENTLY REGISTERED IN TROOP/TEAM/CREW # _____
(Circle one)
OA HONOR O___ B ___ V ___ ADVISER POSITION HELD _____

YEARS AT SUMMER CAMP ____ YEARS ON GOSHEN CAMP STAFF ____

BACKPACKING EXPERIENCE (LIST BY TRAIL, TOTAL MILES & DAYS AND MO/YR)

_____

TRAIL MAINTENANCE EXPERIENCE: POTOMAC APPALACHIAN TRAIL CREW
(Circle one if applicable) PHILMONT OA CREW NORTHERN TIER OA CREW
OTHER: _____

PARTICIPATION AVAILABILITY: (Check your available participation dates.)

_____ 23 June ~ 6 July (two weeks) _____ 23 June ~ 29 June (week one)

_____ 30 June ~ 6 July (week two) _____ Other dates: _____

CHAPTER ADVISER APPROVAL:

I certify that this OA adult member is a registered member of the Boy Scouts of America and an active member of our Order of the Arrow Chapter. In addition, I certify that this is an individual we are pleased to represent our council, our lodge, and our chapter.

Chapter Name: _____

_____ Date _____
Signature of OA Chapter Adviser

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(Please type or print legibly)

HIGH ADVENTURE SUPPLEMENTARY INFORMATION

2013Goshen OA Trail Crew
Goshen Scout Reservation

OUTDOOR EXPERIENCE WITH SCOUTS:

SHORT TERM CAMPOUTS: 2011-2012 # ____, 2012 – 2013 # ____

SCOUT SUMMER CAMP (BY YEAR) _____; _____; _____; _____;

LENHOK'SIN TRAIL (BY YEAR) _____; _____; _____; _____;

OUTDOOR EXPERIENCE WITH SCOUTS/VENTURERS 14 YEARS AND OLDER:

PHILMONT (BY YEAR) _____ MATTAGAMON (BY YEAR) _____

ADIRONDACKS (BY YEAR) _____ NORTHERN TIER (BY YEAR) _____

OTHER: _____

TRAINING CERTIFICATION:

FIRST AID CERTIFYING ORGANIZATION: _____

LEVEL OF CERTIFICATION: _____EXPIRATION DATE ___/___/___

CPR CERTIFICATION HELD: YES / NO EXPIRATION DATE ____/____/____

YOUTH PROTECTION TRAINING ____/____/____

HAZARDOUS WEATHER TRAINING ____/____/____

WILDERNESS FIRST AID CERTIFICATION ____/____/____

TREK SAFELY ____/____/____

Order of the Arrow Action:

Approved _____

Notified _____

Packet Mailed _____