Public Health
Prevent. Promote. Protect.
Frederick County Health Department

The Appalachian Trail District is pleased to announce a new partnership with the Frederick County Health Department, Behavioral Health Services Division. Our goal in working together is to help to prevent substance abuse in Frederick County.

Our contact, Mr. Crum, is a Division Supervisor and Public Information Representative. He is available to make presentations to your unit; work with Scouts so that the Scouts can help develop and deliver presentations to community groups; and, provide you with additional information and resources.

The AT District encourages Unit Leaders to consider ways to incorporate outreach, education and information-gathering opportunities with the Division into merit badge and other advancement requirements.

Boy Scouts and Venturers may be especially interested in working with the Behavioral Health Services Division. The Division feels that a teen talking to other teens and young children is one of the best ways to reach our young people and educate them on the dangers of substance abuse.

Our contact is:

Todd D. Crum, BS, CPP
AODA Prevention Supervisor / Division Public Information Representative
Frederick County Health Department
Behavioral Health Services Division
350 Montevue Lane
Frederick, Maryland 21702
301-600-3285 (o)
tcrum1@FrederickCountyMD.gov

Following are resources for your use. Review them, use them and contact Mr. Crum with your questions and requests.

Smoking Cessation & Education Resources:

- Educational Brochure and programs available for use in the community and schools
- Quit Smoking classes available
- Smoking Cessation Resources Sheet

Prescription Drug Abuse Prevention Resources:

- Prevention Fact Sheet: Focus on Teens

Posters and Fliers for Use and Distribution:

- "Quit Now!" Poster - Smoking Cessation
- "Ready to Quit?" Poster - Smoking Cessation
- Facts Posters - Second-hand Smoke Health Risks
- "Candy or Medicine?" - Health Safety and Prevention
- "Poison Purse" - Health Safety and Prevention
- "Mistaken Identity" - Health Safety and Prevention

Other, Web-based Resources:

- www.TheCigarTrap.com
- http://www.store.samhsa.gov (for free online and hard copy literature)
- www.nida.nih.gov
- www.dea.gov
- www.drugfree.org
- www.timetotalk.org
- http://timetoact.drugfree.org
- www.theantidrug.com
- www.abovetheinfluence.com (this is an excellent site for youth)