



# National Youth Leadership Training

National Capital Area Council Boy  
Scouts of America  
Impeesa

## *Personal Equipment Checklist*

### Required Equipment

- Official Scout uniform shirt, short sleeves (2 recommended)
- Official Scout uniform shorts (2 recommended)
- Official Scout uniform socks (at least 3 pairs)
- Official Scout uniform or special (e.g., Philmont) belt and buckle
- Hiking boots or other sturdy footwear
- Rain gear, including pack cover
- Sweater, sweat shirt, or jacket
- Underwear
- Towels
- Hygiene Kit

- Tent suitable for light-duty backpacking (2nd weekend only for weekend course)
- Plate, bowl, cup, fork, knife, spoon
- Water bottle or bottles holding at least 2 quarts total
- Ground cloth
- Sleeping bag or decent substitute
- Foam pad or air mattress
- Flashlight, preferably small, with extra bulb and battery
- Small first aid kit
- Several pens or pencils
- Knife (see notes)
- Compass
- Watch
- Sunscreen
- Insect repellent

- Backpack or day pack for use during your overnight hike
- Swim Suit

### Optional Equipment

- Work clothes and gloves
- Change of shoes
- Sharpening stone
- Sunglasses
- Camera
- Pillow
- Whistle
- Alarm clock
- Home troop shirt
- Casual clothing (for wear after training day is done)

### Notes

**Uniform:** Only the official uniform is worn at NYLT during training. The SPL and Team Leaders will determine if and when casual "civilian" clothing can be worn.

**Hygiene Kit:** Toothbrush, toothpaste, shampoo, deodorant, soap.

**Mess Kit:** No eating materials will be provided, so be sure to bring your own. If you are one of those people who can't last a day without losing a fork, bring plenty of extras. Plastic-ware is acceptable.

**Knives & Other Potential Vices:** The only knife you'll need is the unobtrusive Swiss Army, Buck, Gerber, etc. variety.

If you have questions about what you can and can't bring, ask before you get to camp.