



The Old Rag

Old Dominion Pride ...
Catch it!

The Old Dominion District

WEB Edition

February 12, 2009

CALENDAR

	Page
February	
12 Cub Scout, Boy Scout, V3 Roundtables	5
12 Spring Roundup (before Roundtable)	
21 Venturing/Venturing Leader Training	16
21 Wilderness First Aid Training	
21 University of Scouting	10, 16, 18
25 District Committee Meeting, 8:00	
26 ADC/UC Meeting, 8:00	
March	
1 OA Chapter Meeting	
6 <i>The Old Rag</i> input due	
7 Merit Badge Jamboree	8
7 Adult Training Day	10
7 Youth Protection Training	9
7 New Leader Essentials	9
7 Troop Committee Training	10
12 Cub Scout, Boy Scout, V3 Roundtables	5
14 Pinewood Derby	7
14 SM/ASM Specific Training	10
14 Den Chief Training (VA Central)	9
18 Cub Scout Leader Specific Training	10
20-22 OA Lodge Fellowship	
23, 27-29 Outdoor Leader Skills Training	11
25 District Committee Meeting, 8:00	
26 ADC/UC Meeting, 8:00	
28 Back Country Outdoor Ldr Skills Trng #1	
28 UC Basic Training	11
31 Key Six Award Nominations due	5
April	
5 OA Chapter meeting	
3-5 Back Country Outdoor Ldr Skills Trng #2	
9 Outstanding Unit and Souter Nominations Due	7
10 <i>The Old Rag</i> input due	
16 Cub Scout, Boy Scout, V3 Roundtables	5
17-19 Spring Camporee	1
22 District Committee Meeting, and Annual Business Meeting 8:00	1
23 ADC/UC Meeting, 8:00	
May (patial)	
1-3 OA Spring Ordeal	
1-3 Wood Badge #1	11
3 OA Chapter Meeting	
8 <i>The Old Rag</i> input due	
9 Venturing Rendezvous	
12-14 Wood Badge #2	11
14 Cub Scout, Boy Scout, V3 Roundtables and Program Launch	5
27 Annual District Awards Dinner	
<i>Cub Scout, Boy Scout, and V3 Roundtables are 8:00 PM at Thomas Jefferson High School.</i>	
<i>District Committee and Commissioner Meetings are at St. Mark's Lutheran Church, 5800 Backlick Road.</i>	

CUB SCOUT DAY CAMP

Old Dominion is once again working to run Day Camp for our Cub Scouts. This year's theme is Space - just think of all the exciting games and activities with that theme. It's a highly energized way to get those young minds supercharged with Cub Scouting goodness!

We're planning to hold camp at Burke Lake Park during the week of 20 July. What a week for you and your Pack - perhaps reenacting the Apollo launch and "one giant step for mankind", exploring planet Mongo, observ-

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SPRING CAMPOREE

The Old Dominion has been invaded and the "Grey Ghost" has risen from his grave to defend us. Colonel Singleton Mosby (The Grey Ghost) calls on all able bodied Venturers, Sea Scouts, Varsity Scouts and Boy Scouts to join Mosby's Rangers and defend our land at Sky Meadow on April 17-19, 2009. The Colonel needs volunteers who are prepared for any mission they might be assigned - intercept the invader's messages, capture the invader's supplies, capture the invader's horses, sneak into the invader's camps to capture their flag, drawing maps of the invader's outposts, be able to live in the field cooking captured supplies.

(Continued on page 6)

ANNUAL DISTRICT BUSINESS MEETING

The Old Dominion District Annual Meeting is scheduled for 8:00 PM, Wednesday, April 22nd, St. Mark's Lutheran Church, 5800 Backlick Road. This is the Annual Business Meeting for our District and the elections for District Officers and members-at-large will take place at this meeting.

The District Nominating Committee is in the process of selecting individuals for the various leadership positions within the ODD. Any recommendations are welcome. Please contact Jerry Prentice, Nominating Committee Chairman, at 703-425-1589 or jerry@prenticegroup.com with any recommendations you may have for consideration.

COMMISSIONERS' CORNER

CONGRATULATIONS TO ALL ONCE AGAIN, OLD DOMINION MADE QUALITY DISTRICT !



Out of 20 districts in NCAC, we were one of the half (10) that are quality districts for 2008. Also, we were:

- #1 in Unit to Commissioner ratio (1.44)
- #4 in percentage of units who made Centennial Quality Unit (85%)
- #4 in reaching finance goals (101.6%)
- #5 in youth retention (78.4%)
- #7 in membership growth (4.1%)

This kind of performance is only possible with an engaged and effective Commissioner Corps. Thank you for everything that you all did this year in support of your units and America's District!

Unit Retention - Only one unit in Old Dominion did not recharter this year. This is the best unit retention performance in the past several years and is a testimony to your commitment and hard work. Our goal for 2009 is to have no lost units, but it will take careful attention by all commissioners, reporting of problems/issues through the commissioner chain in enough time to do something about them, and lifesaving commissioning in the rare cases it is needed.

Unit Health Assessments - The first step in meeting this goal and not losing any units this year is careful assessment of unit health. Even though this should be a continuous process for unit commissioners, remember that we must report to council every six months on unit health status (green, yellow, red). For new units (within 3 years of initial chartering), it should be every quarter. If you have not yet, send your completed unit health assessment forms to your ADC and Kirk Steffensen at: kirk@steffensenfamily.com

Centennial Quality Unit Commitment 2009 - We are still missing around 20 commitment forms for 2009. The deadline for turning these in is 15 February. Our goal should be 100% commitment. Please track these down soon and turn in to the DC (through ADC if possible). Also we will start up perhaps as many as 5-6 units this year. One responsibility of the commissioner for these new units is to help them fill out a 2009 CQUA commitment form even if it is mid-year.

Roundtable - Following are attendance results for January. Excellent job to the RTCs for a continuing quality program.

- Cub Scout - 45 Scouters from 22 out of 36 units (72%) (up from 57% last month)

- Boy Scout - 34 Scouters from 22 out of 33 units (76%) (up from 64% last month)
- Venturing - 8 Scouters from 6 of 19 units (32%) (up from 28% last month)

We will go back to Thomas Jefferson High School cafeteria as a roundtable location for February 12th and probably for the remainder of the Winter/Spring.

Training—Commissioner College was held on 24 January. Old Dominion had the largest number of attendees with 15, beating out the other 19 districts. This was an increase of 4 over last year's attendance. Great job by those who attended and earned degrees. Remember University of Scouting is coming soon 21 Feb - another chance for continuing commissioner education.

Many thanks to Jerome Phillips for his comprehensive and useful training session at the January Commissioner Meeting on Lifesaving Commissioning.

Commissioner Corps Update

Bill Nelsen will be the new ADC for Area 2, taking over from Tom Panther whose work and travel commitments have recently increased. Thank you to both Tom and Bill for their outstanding service to that area's units and the district.

Welcome to Mark Burrows who will be coming aboard as a new Unit Commissioner. He will be trained over the next few months and then assigned to units.

General. This might seem like a slow time of the year, but it is now that we need to work together to set a clear path to an even better performance by our units and the district in 2009. I look forward to meeting with you this month at roundtable, ADC and commissioner meetings to seek your ideas for improving our execution of a first rate Scouting program in Old Dominion !

Yours in Commissioner Service,
Scott Staron
District Commissioner



CHAIRMAN'S NOTES



Last Thursday, I attended the NCAC Board Meeting and it was exciting to be recognized as one of the districts that achieved the Award of Quality District for 2008. Congratulations to all of the volunteer Scouters and Scouts of the Old Dominion District for again achieving this coveted award. I want to express my special thanks to Rich Hayes, our Senior District Executive for the past two years, who guided us and kept us focused on the goal throughout this past year. As many of you know, Rich was promoted in January to become the new District Director for Montgomery County, MD. We will really miss Rich as being our very own "America's DE", but outstanding folks have to move on to bigger things and we wish him well.

I would like to congratulate Dan Ehrlich, Karin Linehan, Randy Falkofske and Tinh Trang Huynth on their selection for the Award of Merit and thank them for their outstanding service to the Old Dominion District. Please join me in congratulating these Scouters when you see them. Thanks to Ken Davis and his committee for the professional job in helping to honor our District's dedicated Scouters.

Understand that no one keeled over from heat exhaustion at this year's Klondike Derby up in the mountains of Front Royal. The attendance numbers keep growing for this event due to its popularity and fun times. Fred Woody, with the help of the Troop 1853 folks, did a tremendous job and understand that Fred is already planning on having the Klondike again next year so keep watching for next year's date.

The Pinewood Derby and the annual Merit Badge extravaganza are in the final stages of planning and we expect big crowds at both events. Vickie Trumbetic is always looking for help and would appreciate some folks stepping forward to give her a hand. Understand that our local Virginal House of Delegates member, Mr. Dave Albo will address the scouts working on the Law merit badge during the noon break and of course everyone else is also welcome to come and listen.

The Family Friends of Scouting (FOS) Campaign has started and I encourage all unit committee chairpersons to ask parents to participate in this worthy program. I would again ask each committee chair to send out a letter to the parents asking them to contribute. Our Family FOS Coordinator, Steve Summers has several examples of letters for your review. It is a proven fact that the units that have used this method, have been among the top fund raising units in the District. →



FRIENDS OF SCOUTING

Our 2009 Family Friends of Scouting (FOS) campaign is well underway. All units should have appointed their FOS representative by now. Please be sure that your unit's FOS representative knows that a makeup session of Family FOS Campaign Training will be offered as follows:

- **What:** Everything you need to know for a successful Family Friends of Scouting campaign in your unit.
- **Where:** Thomas Jefferson High School, Annandale
- **Date:** Thursday, February 12, 2009
- **Time:** 7:00 pm (right before Roundtable)

This campaign is very much a group effort, and I look forward to working with everyone again as we reach toward even greater goals! If you have not already done so, please forward your unit's FOS Coordinator name and contact information to:

Steve Summers
 ODD Vice Chairman Finance
 703-866-9131
stevesummers@verizon.net



Scenic view from the Klondike Derby.

As always, if there is anything either myself or any other members of the ODD committee can do to make your scouting program better, do not hesitate to contact us.

John Rephlo
jm@rephlo.com
 HP 703-451-9473

MEMBERSHIP NOTES

Huzzah! We attained the membership numbers we needed to receive the designation of Quality District. Now, this spring, we need to build on our Cub Scout and Venturing success, and focus on ensuring successful Webelos-to-Scout transition AND have a strong Boy Scout recruiting effort during Spring Roundup to turn our Boy Scout membership trends around.

Cub Scout Packs AND Boy Scout Troops second (and last) chance to get trained for the Spring Roundup!

We can't say it enough: (1) It's Never Too Late to Join Cub Scouts! and (2) You can join Boy Scouts WITHOUT ever being a Cub Scout! Especially in the spring! Remember, there are two prime groups for recruiting—of course, the Kindergarteners becoming First Graders—but don't forget those Fifth Graders becoming Sixth Graders on 6/1. Now is the time to prepare a strong recruiting campaign leveraging the contacts and capabilities of both Cub Scout packs and Boy Scout troops to build membership in our district.

Prior to the February Roundtable on February 12th at 7 pm at Thomas Jefferson HS is the second, and last, chance to capture some of the key insights your recruiting teams will need to build a successful Spring Roundup campaign. We ask that all ODD packs and troops designate and send a Spring Roundup coordinator so we can help you help our movement.

Webelos-to-Scout (WTS): Do you know Where your Webelos II Scouts are going?

Some of our Cub Scout packs are already bridging their first Webelos II scouts onto the next stretch of the trail to Eagle Scout—their new Boy Scout troops. Others will celebrate this event in the next month or two. And, of course, there may be some boys that need the extra time and will bridge later in the spring.

Our job is to make sure, as much as possible, that they ALL bridge! The challenge facing our Scouting movement is, historically, we have a 25% attrition rate of Webelos transitioning to Scouts. Why? Some fail to successfully launch from their current units—for instance, they (wrongly) believe that because they have not earned Arrow of Light, they are not qualified to join Boy Scouts. Some Webelos never choose a troop and fade away. And some fail to thrive in their new troop and don't know that they can find a unit that better matches their personality.

We will be holding Webelos-to-Scout follow-up sessions prior to the March and April Roundtables, and ask that all pack and interested troop Webelos-to-Scout coordinators stop on by to check-in and let us know how things are going. Also, if you are experiencing challenges in

transitioning your Webelos, we'll work with you to "smooth out the speed bumps."

Need Help? Call the Membership Team!

The membership team is standing by to assist your unit in recruiting new Scouts and families into our units:

- Vice-Chair, Membership Dan Ehrlich
cubmaster678@verizon.net
- Cub Scout Recruiting Coordinator Janine Bilyeu
<redacted>
- Boy Scout Recruiting Coordinator HELP WANTED
Vacant
- WTS Coordinator John Ruby
john.ruby@emc.com
- New Unit Coordinator HELP WANTED
Vacant



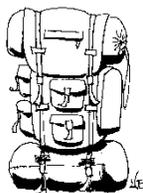
Above, below: Team work of different sorts at the Klondike Derby.



Gear up for Leadership at Roundtable

Old Dominion District Roundtable
Line-up: Note, Attend, Contribute!

Every 2nd Thursday except July.



Month	Roundtable Themes for Boy Scout Roundtable
2009	
February	Cultural Diversity/Disability Awareness Special Program: Eagle project and scouting to another culture
March	Wildlife Management
April	Camping
May	Emergency Preparedness
June	Health Care
July	-OFF-
August	Safety/Boating/Canoeing
September	Nature
October	Business
November	First Aid

Editors note: The e-mail addresses, web page addresses and hyperlinks in this issue were believed to be current at time of editing. However, over time they may become obsolete.

VIRGINIA SCOUT SHOP

Located at: 5234 Port Royal Rd., Springfield, VA, in the Ravensworth Shopping Center - just off the beltway at the Braddock Rd. exit.

Phone: 703-321-4836

Store Hours:

Monday-Friday 9 AM - 7 PM
Saturday 10 AM - 5 PM



They carry uniforms, scouting equipment, badges, literature and will accept most scout advancement form turn ins. (However, Eagle Advancement forms must be turned in directly to the NCAC office in Bethesda so data accuracy can be checked against the ScoutNet database.)

JEWISH SCOUT SHABBAT FRIDAY, FEBRUARY 20, 2009 8:00 PM

Congregation Adat Reyim invites all Jewish Scouts, Scouters and their families to the annual Scout Shabbat service on Friday, February 20, 2009 at 8:00 pm. If you would like present a Jewish Religious Emblem Award to a scout or if you would like to participate in services please contact Karen Ehrlich, <redacted>, <redacted> or Dannie Halle, <redacted> <redacted>.

Congregation Adat Reyim is located at 6500 Westbury Oaks Court in Springfield, Virginia, just off Old Keene Mill Road. Please wear your scout uniform.

KEY SIX AWARD

Each year the District recognizes the contributions of its adult leaders with the presentation of the Key 6 Award at the District Annual Awards Dinner in May. The criteria used to select these outstanding individuals includes adult positions in scouting, contribution to achieving ODD Scouting goals, and service to youth through community or religious related activities. If you think you know of a deserving individual, nominate them!

Nomination information will be provided at the February Roundtable, and are available for download from the [District Forms section of the Old Dominion District web page](#). Contact Don Palomaki at 703-455-9262 or dpalomaki@cox.net if you need more information on the nomination process. Deadline for submitting nominations is March 31, 2009.

SUBSCRIBE OR MAKE EMAIL ADDRESS CHANGE?

The fastest way to make an email address change or subscribe to the ODD's YAHOO mailing list is as follows.

To subscribe, from the new address, or add a new subscription, send a blank (empty) email to:
NCACOLDDOMINION-subscribe@yahoogroups.com

To unsubscribe, from the old address, send a blank (empty) email to:
NCACOLDDOMINION-unsubscribe@yahoogroups.com

This has the effect of deleting the subscription for the old address, and creating a new subscription for the new address. If this does not work for you, send an email request to: **NCACOLDDOMINION-owner@yahoogroups.com**

SERVICE PROJECT OPPORTUNITY at Fort Washington, MD

The Mid-Atlantic Coastal Defense Study Group (CDSG) invites you to a CDSG Work Party at Fort Washington National Park, Maryland on February 28, 2009 (rain date will be March 1) and on March 21, 2009 (rain date will be March 22) at 9:00am.

This will be part of our efforts to welcome the CDSG Annual Conference to the fort on April 4, 2009. Batteries Emory and Many are overgrown and the NPS wants us to clear them to allow us to visit them during the conference. All Scouts and Scouters in the Old Dominion District are urged to assist in this effort to clean up these batteries and show the National Park Service that someone cares about Endicott-era fortifications.

The work party will be treated to a free lunch. Bring your chain saws and other tools and meet us at the fort. Entrance into the park will be free for persons participating in the work party. We will meet at the visitor center's parking lot before going to the battery.

Please contact [Jerry Prentice jerry@prenticegroup.com](mailto:jerry@prenticegroup.com) for more information

MISSION OF MERCY

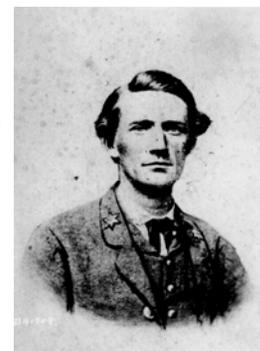
Old Dominion District Scouts and Scouters are invited to participate in a service project opportunity on March 13-14, 2009 at NVCC's Medical Education Center at 6699 Springfield Center Dr. Springfield — volunteering for the Northern Virginia Mission of Mercy Project. As a volunteer, you will join 400 volunteer dentists, hygienists, nurses and other health professionals helping to provide dental care for 1,500 underserved children and adults. The goal of MOM is to provide more than \$350,000 dollar's worth of free treatment, and your participation makes this possible. Thanks to you many Northern Virginians will experience relief from pain and a brighter smile.

Volunteers are needed for many tasks including picking up food and ice from local vendors, providing drinks lunch and snacks for the doctors, staff and all volunteers...NO COOKING. We will also help with cleanup and any other duties as needed. Details are provided in the project Information Flyer available for download from the [ODD Web page](#), [OA Information section](#), or contact the ODD event coordinator, Jerry Prentice (Chapter Event Adviser) at 703-425-1589 or jerry@prenticegroup.com

SPRING CAMPOREE (cont.)

(Continued from page 1)

It is the 1860's at the Old Dominion Spring Camporee and Sky Meadows is once again the campsite of the Army of Northern Virginia and Colonel Mosby's Rangers also known as Mosby's Raiders. The Rangers have openings for Scout recruits. Come on out and see if you have what it takes to be a Mosby Ranger. Recruits will be given missions for patrols into the invader's areas. Mosby's staff (Venturers, Sea Scouts, and Varsity Scouts) will be your guides and evaluators on your missions. Military decorations will be awarded based on patrols' success in accomplishing their missions. Recruits will be judged based on their experience (new patrols, regular patrols, and experienced patrols).



John S. Mosby

Colonel Mosby's staff (Venturers, Sea Scouts, and Varsity Scouts) is expected to stand to their posts and instruct and evaluate the Scout recruits. Staff may volunteer for specific assignments some of which are:

- First Aid (make an emergency stretcher and transport a wounded member or your patrol)
- Horsemanship (no animals will be harmed in the roping and riding).
- Field Artillery (gunpowder and shot is too expensive and dangerous, so General Mosby's staff has ideas on how to simulate this skill)
- Field Cooking (make a meal of what you liberate from the invaders)
- Fire making and fighting (what do you do when fire gets out of hand)
- Signaling (intercept the invader's messages)
- Riding the Invader's Railroad to capture his supply depot
- Follow a map provided by a spy to capture an invader's field supplies
- Capture an invader's flag out of their camp.
- Esprit de Corps and Team Spirit (a positive attitude is your strongest asset)

Look for more secret communiques from Colonel Mosby (The Grey Ghost).

Adair Petty

DISTRICT OUTSTANDING UNIT AND UNIT LEADER AWARDS

Application forms for the Old Dominion District Outstanding Unit and Unit Leader Awards will be in unit hang-files at the February Roundtable. These awards are for unit scouters in all programs — Cub Scouts, Boy Scouts, Venturing, Varsity and Sea Scout. These forms should immediately be turned over to unit Committee Chairs. Electronic copies will be sent out via the district e-mail list and will be available for download from the District Forms section of the District Web page.

Nominations are due by April 9 and should be submitted by the unit Committee Chair. Please take advantage of this district program for recognizing your eligible volunteer leaders for all that they do.

Committee Chairs, if you don't receive the form for your program by the end of February, please contact me and I will e-mail it to you. Questions: Tim Kelly at: kelly99@verizon.net, or 703-866-1240.

DISTRICT AWARD OF MERIT ANNOUNCED

Congratulations to Mr. Dan Ehrlich, Ms. Karin Linehan, Mr. Randy Falkofske and Mr. Tinh Trang Huynh on their selection for the District Award of Merit. Their awards will be presented at the District Awards Banquet on May 27th, and their Scouting biographies will be published in next month's issue of The Old Rag.

THE OLD RAG

Old Dominion District

National Capital Area Council

Published monthly (except July) by the Old Dominion District of the National Capital Area Council, BSA, to provide information to Scouters in the District.

John Rephlo	District Chairman
Richard Hayes	Senior District Executive
Don Palomaki	Vice Chairman, Marketing
Don Palomaki	Editor, 703-455-9262 email: dpalomaki@cox.net

The Purpose of the Old Dominion District is to serve the Scouting needs of the units in the District.

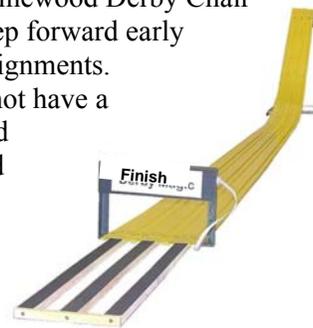
PINEWOOD DERBY



The Derby is slated for March 14, 2009 at Springfield Mall. We expect to be in front of JC Penney this year but that could change at the last minute so stay tuned.

Thank you to Packs 1853, 991, 686 and 678 again for volunteering their tracks and volunteers to run the track to ensure that Old Dominion District will have a Pinewood Derby in March 2009.

We still need an ODD Pinewood Derby Chair Trainee and volunteers to step forward early this year and take on job assignments. Without volunteers we can not have a great District wide Pinewood Derby. Don't delay we need your help now. Please call Vickie Trumbetic 703-451-3223 to volunteer or step up at Roundtable.



DAY CAMP (cont.)



(Continued from page 1)

ing the ways of alien creatures and maybe even having a space derby!

To make all of this Cub Scout FUN happen, we need volunteers to serve on staff and we need Packs to work to ensure that they have enough parents and leaders to serve as day walkers. The critical staff positions are:

- Camp Director - Flash Gordon, the heroic NASA administrator
- Program Director - Admiral Janeway
- BB Range Safety Officer - Laser pointer instructor
- Archery Range Safety Officer - Wookie Bowcaster trainer
- Instructors of the Jedi younglings
- Support staff of Hawkmen, Ewoks, Hutts, Klingons, Romulans and other NASA employees.

The Camp and Program director jobs require attendance at National Camp School and that training is offered by NCAC for the range safety officer positions. Boy Scouts and Venturers are welcome to serve on staff.

Now that you are ready to join the space station crew, come see Peter Pate at Roundtable, write him at ppatel@yahoo.com or use your communicator to contact 703 217 5421.

2009 AMERICAN LEGION AND VFW SCOUT OF THE YEAR COMPETITIONS

American Legion Program

The Department of Virginia, American Legion is accepting applications for 2009 Eagle Scout of the Year. The application forms can be found at:

http://www.legion.org/documents/legion/pdf/eaglescout_2009.pdf

Applicants must either be members of a unit chartered by an American Legion Post or be the son or grandson of a Legion or Legion Auxiliary member. Applications must be received at Department Headquarters no later than 2 March 2009. Mailing address is - The American Legion, Department of Virginia, 1708 Commonwealth Avenue, Richmond, VA 23230

VFW Program

Scout of the Year candidates for the VFW program need to identify themselves soonest. If you are among the first 10 Scouts state-wide to submit an application, you will be able to attend the Valley Forge Price of Freedom program at no cost.

The Department of Virginia, VFW, is pleased to announce the competition for 2009 Scout of the Year. Application forms are at: <http://www.vfwvascouting.org/Scout%20of%20year%20Ap.pdf> or at:

<http://www.vfwvascouting.org/>. Applicants must be recipients of the Eagle, Silver, or Quartermaster award and be at least 15 years old and be enrolled in high school. All Venturers holding the Silver or Quartermaster award are welcome to apply.

Applications are to be submitted to your local VFW Post by 1 March 2009. An information flyer is available at: <http://www.vfwvascouting.org/Events/Valley%20Forge.pdf>. Round trip bus transportation and a spectacular program will be rewards for early applicants. This is a great opportunity for Scouts to have a motivational weekend in Philadelphia. Questions? Please call Peter Pate @ 703 217 5421 or email @ ppatel@yahoo.com.



MERIT BADGE JAMBOREE March 7, 2009



There has been a huge response for the 2009 Merit Badge Jamboree. We have reached capacity with 450 Scouts registered, although some spaces may open up due to cancellations. The registered Scouts should be busy preparing for the badges to which they have been assigned.

All Scouts need to come prepared in order to complete their assigned Merit Badge.

Adults are also welcome at the Merit Badge Jamboree as volunteers or to take a training or informative classes. The tentative schedule for the classes being offered is:

- New Leader Essentials 9:00-11:00
- Youth Protection 1:15-2:45
- Merit Badges 101 9:00-10:00
- Climb-on Safely 9:00-9:55
- Trek Safely 10:00-10:55
- Internet Advancement 11:00-11:55
- Safe Swim/Safety Afloat 11:00-12:00

No registration is necessary for any of these classes. There will be a schedule with the room assignments available at the registration table the day of the event. Adults attending classes are welcome to purchase lunch the day of the MBJ.

The Merit Badge Jamboree is being held at Annandale High School, which is located at 4700 Medford Drive in Annandale. Take the access road between the school and the stadium to reach parking for the event at the rear of the school. Please use entrance #7. If you need more information about this event or wish to volunteer, please contact Cyndy Blake at :<redacted>

GOOD TURN FOR AMERICA

2009 is the fifth year that Scouting will participate in the Good Turn for America (GTFA) project. Now is the time to start recording your 2009 Community Service. Reporting projects should be completed soon after the project while details are fresh.; e.g., the recent Camporee

If you have questions or need assistance in navigating the GTFA web site, contact Don Palomaki at 703-455-9262 or via e-mail at dpalomaki@cox.net.

Thanks for supporting Good Turn for America and our local community.

THE TRAINING PAGE



The Training Team needs your help in fully staffing this team. If you would like to give it a try

please call or email Vickie Trumbetic, ODD Training Chair at 703-451-3223 or v

If you have special training needs let us know about that too and we will try to meet those needs. As you might expect there may be changes in the schedule so check back every month for the most current information. Be sure to bring a bag lunch to all day long classes unless otherwise noted in the course write up

Den Chief Training Conference March 14

This course is for Boy Scouts and adult Boy Scout and adult Cub Scout leaders who manage the Den Chief programs for their Troops or Packs. The course trains Boy Scouts in the necessary skills to take on the leadership position of Den Chief. The course is designed to motivate Boy Scouts through fun, learning skills, playing games and participating in activities that will help them understand their role in the weekly Den meetings. Many Boy Scouts who become Den Chiefs were never Cub Scouts and this course helps them understand that program. Scouts attending will be able to better lead and get along with Cub and Webelos scout age boys.

The class will run from 9:00 –3:30 with check-in beginning at 8:30. Location: 1325 Scott's Run Rd. McLean, VA 22102, LDS Church (north of Tyson's Corner). Cost: \$15 per scout; \$10 per adult. Includes Den Chief Handbook, training course handout in binder, Trained patch for scouts, lunch (\$10 if you already have the Den Chief Handbook). Pre-registration by March 7, 2009, is required – walk-ons not accepted. Scouts should come in their complete Class A uniform and bring a note pad and pen. Weather permitting, lunch and some segments such as games will be conducted outside so dress for the weather. Please contact or e-mail Roger Claff to register, or mail your application and fee to Dave Carlson, <redacted>. Please make check payable to NCAC-BSA. If not registering by mail please bring your fee with you to the training

Youth Protection Training March 7

Youth Protection Training provides adult volunteers with an understanding about child abuse and the youth protection policies of the Boy Scouts of America. This course is appropriate for every adult working with youth and may be mandatory to work at or participate in certain Council or National sponsored events. Certification expires after two years, so the training should be completed least once every two years. Adults who want to attend Youth Protection Training but do not need the position specific training are welcome come to those events just for the Youth Protection Training part. Sessions can also be scheduled for units or other groups upon request. There is no charge for this training. For more information and to arrange special presentations for your unit contact Jack Present, 703-569-9490, or email jpresent@verizon.net.

Youth Protection Training may also be taken on-line. This is best done by going to the NCAC web site and looking under the training tab. Note that there is a different class for Venturing leaders, also available on-line, which addresses special considerations for older age youth, and coed units.

The March 7th course will be held at the Merit Badge Jamboree, Annandale HS.

New Leader Essentials March 7

Here is where it all begins. Under the revised BSA training program New Leader Essentials is the entry-level course required for all Scout leader training. It is the foundation for building award winning "Quality Units". This fast paced course gives new leaders an overview of the entire Scout program. It covers: the purposes, aims and methods of Scouting; organization and structure of Scouting units; program funding; safe Scouting; and, the appropriate teaching methods for all ages and stages of youth and young adults. You do not need to repeat the class for additional leader specific training for new scouting positions you may move in to. There is no charge for this course and walk-ins are welcome. However, to help us know how many to set up for please pre-register with Joseph Grant by email at joseph_grant@msn.com.

The March 7th course will be held at the Merit Badge Jamboree, Annandale HS.

Cub Scout Leader Position Specific Training March 18

Cub Scout Leader Training is position specific covering all Cub Scout Leader positions, and is required for adults to earn position specific training awards. New Leader Essentials and Youth Protection training are prerequisites for this class but need not be repeated for those who are coming only to be trained in a new Cub Scout leader position.

The Wednesday night class will start at 7:00 PM and will be over by 10 PM. The classes will be held at Springfield Christian Church, 5407 Backlick Road. Cost for the class is \$3.00. To pre-register send your name, unit #, phone # and the position you are seeking training for to ppatel@yahoo.com. The Cub Scout Training team looks forward to seeing every new leader at this upcoming training session.

Adult Leader Training Day March 7

The ODD Adult Leader Training Day is being held in conjunction with the March 7 ODD Merit Badge Jamboree (same day same location) at Annandale High School, VA and lunch is included. While your Scouts are working on merit badges you can catch up on some important training. The following classes have been scheduled New Leader Essentials & Youth Protection (these will not repeat again in March and are required for Scoutmaster/Assistant Specific Training & Troop Committee Training given March 14), Safe Swim Defense, Safety Afloat, Trek Safely and Troop Committee (in case you haven't heard your youth protection must be repeated every 2 years and is required on Tour Permits).

Troop Committee Training March 7

Boy Scout Troop Committee Training, known as the Troop Committee Challenge, will take place at the Merit Badge Jamboree, Annandale High School. The training session will start with registration at 9:00 and will be finished by noon. The cost of the training is \$5.00. Wear your uniform and be prepared for a hands-on experiential learning experience! This training is designed for all members of the Troop Committee. It will enable troop committee members to better deliver a quality program in support of the troop, Scoutmaster and Scouts, by helping to build the commitment of individual committee members, as well as cultivating a better troop committee team. For more information about the course, call or email Fred Woody, Course Director, 703-644-1088 or sixpacknsam@yahoo.com.

University of Scouting February 21

The highlight NCAC training event of the year is the University of Scouting. This is a once a year opportunity to pick just the classes you want from more than a hundred being offered covering Cubbing, Boy Scouting, Varsity, Venturing, and District Operations. There will be specialized training in a wide variety of cross cutting subjects along with the full range of safety certification programs, and BALOO.

You can come to earn credits towards a Scouter's Bachelors, Masters, or Ph.D. degree or come just for the courses, fun, and great fellowship. Register online at www.boyscouts-ncac.org. Follow the Training links to University of Scouting.

Scoutmaster and Assistant Scoutmaster Specific Training March 14

Join us for a day of learning and sharing - focusing on the tasks that SM and ASM's deal with routinely. This is the second of three required training sessions for the Trained strip for SM or ASMs (the other sessions being New Leaders Essential and Outdoor Leader Skills). Come join us and help your troop and SM by becoming trained. Time - 8AM to 4:30PM (doors open at 7:30) at Springfield United Methodist Church, 4074 Old Keene Mill Rd, Springfield VA 22150. Prerequisite is the New Leaders Essentials training. Cost - FREE. You must pre-register to reserve a slot for either course by filling out the form at: <http://spreadsheets.google.com/viewform?key=po9B9oj-FmYdeJAWva20ZQg> After registering you will receive a confirmation e-mail. If you have any questions email Dennis Wokeck at wokeck.boy_scouts@cox.net

Venturing Leader Training

See page 16 of this issue

Hazardous Weather Training On-line

Required for the new Tour Permit, hazardous weather training can be obtained online at the MyScouting website <http://www.scouting.org>, which is the same site where Fast Start training and the online Youth Protection Training are located. When you reach the site click on the "MyScouting" link at the top and it will provide clear instructions on how to register if you have not yet done so.

Outdoor Leader Skills March 23 and March 27-28

March 23, and March 27-28, 2009. This training session is an adult campout covering basic scouting skills. The Monday night session takes place at Springfield United Methodist Church, and the weekend program is conducted at Camp Highroads. Cost is the cost of food. This is the third required training session for the trained strip for SM and ASMs. We'll have fun, experience new techniques and gain lots of tips to make the Outdoor program a fun and memorable part of your troops scouting adventure. Boy Scout Leaders – this is a great course for those new parents to attend. There is no prerequisite courses they have to take before taking this course.

This training session, the last of three required to be "Trained" as a Scoutmaster or an Assistant Scoutmaster, covers basic scouting skills in an adult campout setting. It is most appropriate for Boy Scout, Varsity, and Venturing leaders who want a grounding in outdoor skills. We'll have fun, experience new techniques and gain lots of tips to make the Outdoor program a fun and memorable part of your troops scouting adventure. NLE and Leader Specific Training sessions are a highly desirable but not required.

The course runs Monday evening and then a Friday evening through Saturday evening. You must pre-register to reserve a slot for either course by filling out the form at: <http://spreadsheets.google.com/viewform?key=po9B9oj-FmYdeJAWva20ZQg> After registering you will receive a confirmation e-mail. If you have any questions email Dennis Wokeck at woeck.boy_scouts@cox.net

Wood Badge Training May 1-3 #1, June 12-14 #2

[Note: the May 2009 course is now filled, but you can sign-up for the Fall course.]

Wood Badge for the 21st Century is designed for all Cub, Scout, and Varsity and Venturing leaders who have completed basic training. It is a leadership skills course, based on a format originally created by Scouting's Founder, Lord Robert Baden Powell and is considered the "Ph.D." of Scout training. The course is held over three days over two weekends about a month apart. Participants are required to attend each weekend in its entirety, including all day on Friday (arriving by 8:00 AM).

The course will deal with cutting edge leadership and management skills while using a structure built on Scouting's organization and unit program. More information and registration info can be obtained from the council website (www.boyscouts-ncac.org). Click on "Training" and then "Wood Badge" to get the data and forms to download.

Commissioner Basic Training

February 28, 2009	VA Central
March 14, 2009	VA South
March 28, 2009	VA West

ADC Training

March 28, 2009	VA Central
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For additional information contact John Pastino, ADC for Commissioner Training, on <redacted>, or by e-mail at: <redacted>

God and Country Awards Program March 14

The NCAC Protestant Committee on Scouting is offering God and Country awards program training on March 14, 2009. It is an all day training - check in from 9-9:20am, class begins at 9:30am. Lunch is provided. Class ends just after 2pm.

You will go away with a zeal for getting started sharing the God and Country Program with the youth you serve. There are 4 levels of the program and we cover all 4 levels. You go home with a notebook filled with about 200 pages of information and ideas and info on adding more than 200 more pages to the notebook. The cost of the course is only \$15. We would like to receive registrations as soon as possible, but no later than March 3rd, so we can have adequate notebooks and handouts ready. There is no walk in registration.

The training is at Groveton Baptist Church 6511 Richmond Hwy., Alex., Va. 22306. This is about 2 miles south of the beltway (Route 1 South, the Ft. Belvoir Exit); just north of Beacon Mall (with Giant/Lowes/Office Depot); right across the street from Target. Enter through Entrance A - the glass doors at the front. Turn right at the water fountain and go down the hall to the East Hall.

Bring about 20 notebook page protector sheets to insert into the notebook when we hand out the things that should not have holes punched in them. Bring your own pencils/pens for taking notes. We will have the course books- student/adult mentor/ & counselor available for purchase at the class. You are welcome to bring your camera if you wish to take pictures of some of the things we put on display. Email MECastles for a registration form.

Registrations and questions should be directed to :
Mary Elizabeth Castles <redacted>
<redacted>
<redacted>

HIGH ADVENTURE

Our Council's website has a very useful High Adventure Committee page. You can find descriptions of the most popular treks, application procedures, training information and who to contact for additional information.

A recent addition to the site is the HAC Opportunities Bulletin Board for advertising treks with available slots for scouts and advisors.

The site is <http://www.boyscouts-ncac.org/>. Once there follow this string for High Adventure info: NCAC → About Us → Council Committees → High Adventure Committee

2009 NCAC FLORIDA SEA BASE OPPORTUNITIES: A Few Youth Openings 2009 Years Crew: applications by individual youth are now being accepted for the 2009 NCAC Sea Exploring Contingent S706. Up to 20 Scouts/Venturers will sail aboard an 83-foot, gaff-rigged topsail schooner through the Florida Keys. The adventure starts July 6 and ends on July 13, 2009. Contact Jim Burris at <redacted> or <redacted>.

2009 PHILMONT PROVISIONAL CREWS: Spaces have been reserved for three crews (30 youth) on NCAC provisional crews – a crew made up by Scouts/Venturers from various units. Scouts or Venturers interested in attending Philmont in 2009, treks P701 (6/29-7/13), P707 (7/5-7/19), and P714 (7/12-7/26) please contact Robert Kirk, at <redacted> or <redacted>. All provisional crews will travel under arrangements made by NCAC. The estimated total cost is \$1560 per person.

PHILMONT FIRST AID TRAINING: A recent requirement for participation at Philmont is that each crew must have someone certified in a 16 hour wilderness first aid course from a nationally recognized provider. Acceptable courses are listed at the NCAC website. The NACA schedule for activity year 2009: WFA-March 20-22, 2009 and April 24-26, 2009. CPR is already up and running, remaining dates: Feb. 22, 2009, Mar. 29, 2009, Apr. 26., 2009 and May 24, 2009.

2010 Florida Sea Base Reservations: Reservation requests for 2010 Sea Base Adventures must be made online at <http://www.bsaseabase.org> starting 1/15/09 at 8:00 am (Eastern Standard Time) and continuing until midnight of 2/15/09. A lottery will be held and crews contacted when they have been ⇒

National Capital Area Council
Old Dominion District

EAGLE BOARD COMMITTEE

2009 edition

I would like to thank everyone in our District who helps getting our Scouts to the rank of Eagle Scout, the Eagle Board members (listed below) for supporting our Troops, Teams, and Crews at the Eagle Boards, and the Eagle Scouts for providing great projects that have greatly helped and supported the communities throughout the Old Dominion District. Another reason why we are "America's District"!

As always, yours in Scouting,
Jim Hedrick

James B. Hedrick or Susan C. Hedrick	<redacted> home <redacted> work <redacted>
Ken Davis	703-941-9018 home 703-767-7642 work
Holcombe Thomas	<redacted> home <redacted>
Kevin O'Shea	703-644-4852 home scouter980@verizon.net
Jerome (Jerry) Prentice	703-424-0342 work jerry@prenticegroup.com
Fred Woody	703-644-1088 home 202-685-5750 work fred.woody@navy.mil
Susan Woody	703-644-1088 home sixpacknsam@yahoo.com
Mercedes Baker	<redacted> home <redacted>
Cong-Tru Nguyen	703-495-6592 office congtrunguyen@yahoo.com

Note: for special needs advancement please contact Susan Woody, Fred Woody, or James and Susan Hedrick

Advancement Chairman for ODD, Jim Stakem

accepted for a 2010 Sea Base Adventure.

2010 Unit-Crew Philmont Reservations NCAC LOTTERY April 2, 2009. Directions posted on the website.

For additional information or if I can help in any way, please call or write.

Ed Phillips
Old Dominion District HA Committee
edphill@cox.net or 703.690.6398

KLONDIKE DERBY 2009: FEBRUARY 6-8

Over 225 Scouts participated in Old Dominion District's 5th Klondike Derby. These Stampeders traversed the hilly and snowy terrain in search of Gold. A far cry from the harsh conditions of the Yukon Territory in February, there was still plenty of snow to open the weekend and the first night was a bit nippy. Still, equipped with a map of potential claims, personal daypacks, patrol equipment and their personal will, they braved the a number of patrol and Scout skill challenges while being on the lookout for claim jumpers. There were stations involving pioneering and knot tying skills, first aid response, fire building, and skit performances.

By the end of the evening, it was clear that the Fifth Annual Klondike Derby held at the 4-H Center in Front Royal, Virginia was another success enjoyed by both the Scouts and the Scouters! 12 troops (T-430, T-683, T-853, T-991, T-1115, T-1318, T-1390, T-1501, T-1518, T-1523, T-1853, and T-2215) participated for the 5 top honors this year: Scout Skills, Patrol Unity, Commissioners Award, Golden Spoon, and Stampeders Award. Our Plaques and the Golden Spoon were designed and made by Dave Stelter.

The Scout Skills award recognized the combined scores from stations including orienteering, Scout trivia, pioneering, fire building, and first aid. The top four patrols were: 1st Place: 1853 Pirates (1st Place last year), 2nd Place: 1853 Dragons (3rd Place last year), 3rd Place: 1115 Flaming Arrows, 4th Place: 1115 Los Desperados

The Best Patrol award recognized those patrols that worked well at problem solving, patrol cooperation, and leadership stations which included the dog sled racing, the friction bridge, and the patrol challenges. The four top patrols were: 1st Place: 1523 Square Knots, 2nd Place: 1518 Roadrunner/Viper, 3rd Place: 1853 Scorpions, 4th Place: 991 Stags.

The Golden Spoon Award was presented to the Patrol that provided the best luncheon and saloon show. This year a panel consisting of two OA Arrowmen and Venturers from VC-1501 (who came in 3rd in the Golden Spoon competition last year) judged the patrols. The winners were: 1st Place: 1115 Los Desperados, 2nd Place: 1501 What, 3rd Place: 1518 Best, 4th Place: 1853 Dragons.

Keller Godwin, Old Dominion District Chapter Chief of the Order of the Arrow, helped to recognize two units during the awards ceremony that put into practice the ideals of the Order of the Arrow. Troop 1318 was recognized with a Brotherhood award, a leather device that can be worn on the right pocket of the Scout uniform; each member of the Troop had provided support to each other, to the Staff, and to other Scouts throughout the event. Then, VC 1501 was recognized with a Cheerful Service award for

their participation and constant query for ways to provide help throughout the event.

The Commissioners' Award recognized the patrol that demonstrated the best Scout Spirit. Determined by the Claim Jumpers and Klondike Staff, the winner and runner up were: 1st Place: Troop 2215, 2nd Place: 1853 Pirates.

Finally, the Stampeders Award was given to the patrol that discovered (earned) the most gold. Last year's winners did not place this year – in fact only the Pirate patrol who placed 2nd last year was in the top 4 this year. But this year it was the 1853 Scorpions that finished in first! With determination and desire, they moved quickly through as many stations as they could, prepared a solid lunch, and really sought to come in first. The winners of the overall competition were: 1st Place: 1853 Scorpions, 2nd Place: 1801 ? (What), 3rd Place: 1853 Pirates, 4th Place: 1853 Meecees.

We had some incredible competitions, great weather (which we again hope to import to the Spring Camporee), and a super staff. Much thanks to the Klondike Saloon ladies: Cathy Hamilton, Cyndy Blake (who will see you again at the Merit Badge Jamboree), and our Klondike Madame Susan Woody. Recognition also is given to Jim Templeton for another great job registering our Scouts with on the spot help by Cyndy Blake, to our Health and Safety Rep Dave Stelter, and to our Program Coordinator Dean Stinson. Much thanks to VC 1501 members Cassandra Waisanen, Vickie Greek, Alexander Sheetz, and Nina-Woody and their Advisor, Tony Waisanen. Additionally Order of the Arrow members on the staff provided support including running the Skits station, manning the OA Trading Post, Conducting a Brotherhood Ceremony for 8 Arrowmen, and also judging the Golden Spoon. The OA contingency was organized by Robert Hoopes and Allison Hoopes.

Much to the disappointment of many, no one sighted the Yeti this year! It must have been all the snow that allowed him to blend into the environment! So...

Mark your calendars for early February next year as we look to pan for gold in Front Royal at the 6th Annual Klondike. Expect new challenges and twists on old ones! Think Klondike in 2009! Put it into your Troop's annual plan. We'll be looking forward to seeing old friends and new friends in creek beds searching for gold next year!!

Your Yukon Trading Post Director,
Fred Woody

OA UPDATE

Lodge Banquet — Amangamek-Wipit Lodge #470 conducted its annual Lodge Banquet on Saturday, 10 January 2009, at Alumni Center at the University of Maryland College Park. Approximately 50 Old Dominion Arrowmen and their families attended this great opportunity to gather together to celebrate the successes of the previous year for chapter and lodge. Among the highlights and recognitions are:

- Public Recognition of 2008 Old Dominion Vigil Honorees – Youths: Tim Wing (former OD Chapter Chief visiting from Cornell University) and Keller Godwin (OD Chapter Chief); Adults: Bob Flory, Rich Hayes, Kevin O’Shea
- Old Dominion receiving the Lodge Quality Chapter Award for 2008
- Founder’s Award being presented to Bill Rooney (OD Chapter Adviser)
- Old Dominion winning 1st Place in the Chapter Display Competition for its entry created by Nathaniel Kelley (Vice-Chief for Admin). This is Old Dominion’s first time earning this honor.

It was another successful and memorable occasion of OA fellowship, celebration and recognition.

Old Dominion Hosts OA Officers — Recently Old Dominion Chapter had the honor of hosting several current and past National and Regional Order of the Arrow officers visiting the National Capital Area. Over a two week period (starting with attendance on January 10th to our Lodge Banquet) our guests enjoyed all the activities and amenities that our unique location has to offer to include touring the Pentagon and Capitol, participation in Scout Support of 56th Presidential Inauguration on the National Mall and attending the Western States Inaugural Ball. And Holy Smoke, can these guys eat! A thoughtful parting note from Jake Wellman stated “Thanks for all of your hospitality. It is obvious you have a lot to be proud of ... and I see it is all well deserved.” You’re welcome.

Presidential Inaugural Support — Boy Scouts have been supporting the quadrennial swearing-in of our top executive branch of government in our nation’s capital since 1913 with the inauguration of President Woodrow Wilson. OA dedicated service and support at the 56th Presidential Inauguration is no exception. Bedding down overnight in conference rooms at Northrop-Grumman offices near the Navy Yard, 23 Old Dominion Arrowmen (along with the rest of the 55 member Lodge contingent) reported for duty on the National Mall at 5:00 AM. Alongside selected Boy and Girl Scout units, OA volunteers (uniformed in distinctive blue cap and red tunic) dis-



tributed several hundred-thousand US flags, provided directions and rendered needed assistance to the flood of visitors. We were prepared for the biting cold and wind and gave away all our handwarmers to those on the National Mall who were not. It was quite a challenge dealing with so many people that even before sunrise had overwhelmed all support arrangements as well as an incredible experience

being a part of this wonderful celebration of our democracy. By the time we respectfully collected discarded flags amid all the blankets, clothing and blowing trash left behind, all OA Youth and adults knew that our cheerful service had made a difference. We all made our way safely home, exhausted but exhilarated.

Unit OA Elections Update — Troop/Team Order of the Arrow Elections for 2009 are currently underway and are being scheduled through 3 April 2009 (new end date). OA Elections documents are posted on the Old Dominion OA Chapter Website for your download and use to include:

- Unit Youth Elections Form
- Unit Adult Nomination Form
- Adult OA Nomination Information Sheet
- Elections Schedule (updated frequently)

Here’s the link: <http://www.boyscouts-ncac.org/openrosters/ViewOrgPageLink.asp?LinkKey=19396&orgkey=2017>

Send all requests for Unit Elections to Chapter Adviser Bill Rooney (rooney7612@gmail.com or 703-966-6714) who will then coordinate with the Unit POCs to establish the schedule.

Units who have not yet submitted their OA Election Request form are encouraged to do so at the earliest. Negative responses for OA Elections (e.g., no eligible candidates) are required to ensure 100% Troop/Team coverage throughout Old Dominion District.

Arrow of Light Ceremonies (Feb – Mar 09) — ATTENTION PACKS - Old Dominion Chapter Ceremonies Team (Order of the Arrow) will perform Arrow of Light Ceremonies over a six-week period at different sites throughout Old Dominion. Each site is hosted by a Pack - with other Units Participating. All Packs with Webelos IIs earning AOL are invited. Coordinate your participation with the host packs: (See the table on page 15.)

BE ADVISED:

- Webelos IIs will recite the Scout Oath and Law as part of ceremony.
- AOL ceremony will run approximately 30 Minutes as part of Host Pack’s event.

(Continued on page 15)

OA UPDATE (cont.)

(Continued from page 14)

- Packs will bring AOL awards to be presented; OA will present event token.

Mission of Mercy Project (13-14 March) — For the 2nd year, Old Dominion Arrowmen will join 400 volunteer dentists, hygienists, nurses and other health professionals helping to provide dental care for 1,500 underserved children and adults. The goal of MOM is to provide more than \$350,000 dollar’s worth of free treatment, and your participation makes this possible. All of the patients who come for treatment have been prescreened by local social service agencies and free clinics to ensure they qualify for care.

OA volunteers are needed for many tasks including picking up food and ice from local vendors, providing drinks lunch and snacks for the doctors, staff and all volunteers...NO COOKING. We will also help with cleanup and any other duties as needed. For many patients, the day will be very long and sometimes confusing, maybe even scary. Volunteers are asked to try to help anyone who looks lost or confused, and to keep in mind that waiting for care can be frustrating and tiring. More information is in the flyer is available on the [ODD OA Web page](#).

To volunteer, send an email to: jerry@prenticegroup.com with your name, day(s) you are available, special skills (physician, nurse, EMT), languages you speak fluently, the school you attend if you are a student and if you will need documentation of community service.

Where: NVCC’s Medical Education Center at 6699 Springfield Center Dr. Springfield, VA 22150

When: Friday, March 13, 2008
 Shift #1: 6:30 a.m. - 12:00 p.m.
 Shift #2: 11:30 a.m. - 5:00 p.m.
 Saturday, March 14, 2008
 Shift #1: 6:30 a.m. - 12:00 p.m.
 Shift #2: 11:30 a.m. - 5:00 p.m.
 *Or as you are able

For More Info: Jerry Prentice (Chapter Event Adviser) at 703-425-1589 or jerry@prenticegroup.com
 Watch For: Emails, flyers and other communications on the MOM Project in February and March

No Limit On What Can Be Done:

“There is no limit to what a man can do or where he can go if he doesn't mind who gets the credit.” Ronald W. Reagan

Key Upcoming Events:

- March 13-14: Mission of Mercy – OA food service support of Dentistry Outreach project (Northern Virginia Community College, Medical Education Center, Springfield, VA)
- March 20-22: Lodge Fellowship (Camp William B. Snyder, Haymarket, VA)
- April 17-19: District Spring Camporee – High Adventure Theme: Program Support, Call-out, Brotherhood, Evening Campfire (Sky Meadows State Park, Delaplane, VA)

WEBELOS CROSSOVER INFORMATION

Date	Pack	Location	AOL Start	Coordination Point of Contact
THU 5 Feb 09	683	St. Raymond of Peñafort Catholic Church 8750 Pohick Road Springfield	Approximately 7:00 PM (Any event schedule variations can be coordinated with Host Pack)	Thomas Connelie (Webelos Den Ldr) Home: <redacted> <redacted>
Feb 9-11	Open	No Pack has signed up		Sign-up with OA Contact below ASAP
THU 19 Feb 09	1229	Congressional Schools of Virginia 3229 Sleepy Hollow Road Falls Church		Raymond Creely (Webelos Den Ldr) Home: <redacted> <redacted>
THU 26 Feb 09	1100	Prince of Peace Lutheran Church 8304 Old Keene Mill Road Springfield		Joan Wheaton (Webelos Den Leader) Home: 703-663-8894 <redacted>
MON 2 Mar 09	688	Silverbrook Elementary School 9350 Crosspointe Drive Fairfax Station		Karin Linehan (Committee Member) Home: 703-495- 0133 linehank@verizon.net
WED 11 Mar 09	863	Belvedere Elementary School 540 Colombia Pike Falls Church		Laura Noble (Committee Chair) Home: <redacted>

V3 VIEWS



Venturing Events Calendar 2009

- 21 Feb, Sat – College of Adventure, University of Scouting, location TBA
 - VLST – Venturing and Varsity Leader Specific Training
 - VCLST – Varsity Leader Specific Training
 - VLSC - Venturing Leadership Skills Course for youth and adults
 - SCLST – Sea Scout Leader Specialized Training (for information and online registration see the NCAC website under Training at: <http://www.boyscouts-ncac.org>)
- 28 Feb, Sat – Annual NCAC Sea Scout Wardroom Dinner, Fairfax, VA. (See instructions on the Wardroom website - <http://www.seascout.net/chesapeake>)
- 13-15 Mar, Fri-Sun – Kodiak Course Directors Course, Camp Snyder
- 14 Mar – National High Adventure Bases Training (NCAC High Adventure Committee)
- 28 Mar and 4-5 April - Back Country Outdoor Leader Skills (BCOLS) <http://www.boyscouts-ncac.org> -> [Training -> BCOLS](#)
- 4 Apr – Venturing Service Project, Potomac River Watershed Cleanup
- 17-19 Apr, Fri-Sun – Old Dominion Camporee “Mosby’s Rangers”, Sky Meadow, VA. Venturing Crews, Sea Scout Ships, and Varsity Teams run this camporee.
- 22-24 May, Fri-Sun – Sea Scout Regatta, Camp Brown, MD (See instructions on the Wardroom website - <http://www.seascout.net/chesapeake>)
- 6 Jun, Sat – Venturing Eco Challenge, Fountainhead Regional Park, Occoquan River
- July – NCAC Venturing High Adventures; Road to Ranger, Shooting Sports, COPE and COPE Instructor Certification, High Adventure in Culinary Arts and Lenhok’sin High Adventure Trail. Check them out on the NCAC website, <http://www.boyscouts-ncac.org>
- 28-30 Aug, Fri-Sun – NCAC Powderhorn Part 1, Camp St. Charles, Newburg, Maryland
- 18-20 Sep, Fri-Sun – NCAC Powderhorn Part 2, Camp Snyder, Virginia

It was a historic day and one that members of Sea Scout Ship 1176 will not forget as they were there helping make history. They were stationed at 18th Street and Constitution Avenue on the perimeter of the Washington Mall providing directions and assistance to thousands of citizens who came to witness the inauguration. The Sea Scouts started their day at 3:00 am in the morning. They were dressed for the cold weather in a number of layers.

The temperatures were in the single digits with wind chill but their Sea Scout hyperthermia and cold weather sail training prepared them. After helping thousands of spectators, they themselves got to be spectators to witness the inauguration on jumbotrons at the Lincoln Monument – what a historic location for this event. And they were still smiling in spite of the early start, long hours, and the freezing cold just to provide service to the Nation on such an historic day. Bravo Zulu Ship 1176 - job well done! (Picture credit to adult leader Sea Scout Mate Dani Villiva who was also there providing service and taking pictures for the Ship.)



Sea Scouts from Ship 1176 weather sub freezing temperatures to provide service at the 2009 Presidential Inauguration.

College of Adventure, University of Scouting. College of Adventure, University of Scouting, will be held February 21, 2009, at Hayfield High School, Alexandria, VA. The College of Adventure has a wide variety of 50 minute classes in outdoor adventure, program planning, safe program methods, conservation, leadership, to name a few.

In addition, the College of Adventure presents the Venturing Leadership Skills Course for youth and for adults to teach leadership skills utilizing leadership models and games, initiative games, video tapes and practical exercises to teach and learn leadership principles in vision, communication, organization and synergism. This course is required for the Venturing Silver Award and highly recommended for Crew and Ship youth leaders.

The College of Adventure also presents adult leader

(Continued on page 17)

V3 VIEWS (cont.)

(Continued from page 16)

training courses required for basic training qualification: Venturing Leader Specific Training, Varsity Leader Specific Training, and Sea Scout Leader Specialized Training.

Check the NCAC website <http://www.boyscouts-ncac.org> under Training for more information and registration online.

KODIAK & KODIAK X Adult Leader Training Course, Friday-Sunday, 13-15 March 2009, 8:00 pm Friday – 12:00 noon Sunday, Camp Snyder.



Kodiak is a youth leadership development course that is presented as part of an outdoor high program – six days or two three-day weekends. It is based on the servant leader concept and teaches five leadership skills called commissions using illustrations found in nature - effective teams, values/vision, communications, decision making, and planning. Kodiak X is the second level of this youth leadership development program. Kodiak and Kodiak X can be used by Venturing Crews, Sea Scout Ships, Varsity Teams, and Scout Troops.

This three-day adult leader training course is for any adult interested in learning how to use this youth leadership development course with their youth. You will learn how to teach the Kodiak leadership skills and effectively administer this course during your unit's own high adventure.

Additional information can be viewed on the Kodiak website – <http://www.kodiak-bsa.org>. If you have any questions, please contact Adair Petty, ppetty1@cox.net

Summer NCAC High Adventure Opportunities

Road to Ranger, 4-18 July 2009, Goshen - A program for Co-ed Venturing members aged 14 and older, Venturing Camp will include activities required to earn the Bronze Outdoor Award and many will be able to earn the Ranger Award: First Aid, Land Navigation, Wilderness First Aid, Cooking, Leave No Trace Camping, Fishing, Wilderness Survival (over the weekend), VLST, Ecology, Canoeing, Kayaking, and Communications. Evening activities will include social events and the week will culminate with a Friday evening campfire.

Venturing Shooting Sports, 4-11 July 2009 - The entire week will be spent on shooting sports. We will offer Air Rifle, Air Pistol, Small Bore Pistol, Small Bore Rifle, Shotgun and Archery. Successful completion of five of the disciplines will earn the Venturing Shooting Sports Out-

standing Achievement Award.

COPE and COPE Instructor Certification, 4-18 July 2009, Goshen - A program for Co-ed Ventures aged 14 and older who not only want to do both low and high COPE but become certified instructors for both. Involves climbing and rappelling.

Linhok'sin High Adventure Trail - Your crew will have the opportunity to select outposts from Foxfire, Lumberjack, Rock Climbing, Mountain Man, High Powered Rifle Marksmanship, Native America, Mountain Biking, Caving, Civil War, Primitive, Wild West, and COPE & Rope. Please complete the Pre-Camp Crew Survey for a 4-day, 7-day, or 10-day trek as early as possible to reserve your choice of outposts. Treks run from Monday through Friday, allowing crews to select 5 outposts to attend. Check it out at <http://www.boyscouts-ncac.org/openrosters/ViewOrgPageLink.asp?LinkKey=16562&orgkey=1933>

Venturing in Culinary Arts, 19-25 July 2009, Camp Snyder, course director is Catherine Pressler. Former White House Chef is one of the instructors. Limited to 25 Venturers, ages 17 and older. For more information, contact Catherine Pressler, <redacted>

New Passport to High Adventure is now available at the Scout Shop. This BSA publication is a new edition but there is very little difference in the information from the prior edition. What is new is that the new Passport to High Adventure directs the reader to a great online resource that provides information on Council high adventure programs throughout the United States. Check out this website - <http://www.scouting.org> > Information Center > Publications > Passport to High Adventure. The Passport to High Adventure (both the current edition and the prior edition) contains invaluable information on how to plan a High Adventure. It is recommended that all units planning a High Adventure use this publication to make sure you have a fun and save adventure.



POPCORN 2009

Hard to believe, but its time to start planning our 2009 campaign! Though we were quite successful this year, would your unit like to sell even more next year? If so, sign up for Elective #125, "How to Run a Great Popcorn Program" at the University of Scouting on February 21st at Hayfield Secondary School (7630 Telegraph Rd, Alexandria, VA). This is a brand-new course designed to give unit leaders, parents, and popcorn kernels an in-depth look at using the Trails-End popcorn system and OrderPopcorn.com, and understanding Council roles during the sale. Seats are limited, so register early before Feb 17th to get a seat and save \$10 on University of Scouting registration! With the first Early" Order due August 7th, this course is perfect for all units!

The Regional Kick-off Meeting dates (see below) have been tentatively set, and units should select a 2009 Kernel and get the dates on the calendar now. There will be lots of information, fun, and prizes at the Kick-off Meetings so you won't want to miss the fun! There are also sure to be changes in the program, and you'll get the latest information.

Just a quick reminder that 2008 popcorn payment was due to Council December 22nd. If you have not yet paid in

full, please send a check payable to NCAC to: NCAC, 9190 Rockville Pike, Bethesda, MD 20814. If you have questions about your bill you can contact Patty Orndorff at 301-214-9161.

Is your unit Popcorn Kernel changing? Please send me new contact information so I can ensure your unit receives updates as NCAC provides them. Contact Karin Linehan, ODD Popcorn Kernel, at linehank@verizon.net, or phone 703-495-0133.

Important Dates (tentative)

- August 7 (Fri) — Early Order Due from Units
- August 11, 12, 13 (Tue-Thu) — Regional Kick-off Meetings (locations TBD)
- August 18, 19 (Tue-Wed) — Regional Kick-off Meetings (locations TBD)
- August 22 (Sat) — Early Order Pick-Up (NO CHOCOLATE; 2 pickup sites TBD)
- August 26, 27 (Wed-Thu) — Regional Kick-off Meetings (locations TBD)
- September 11 (Fri) — 1st Order Due from Units

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WEB EDITION
